

Senior Snippets



The Bluffton Parks Department with the sponsorship of Bluffton Regional Medical Center is excited to offer a Fall session of Senior Snippets. These are classes focused on the Senior population, with weekly classes on a variety of topics. These FREE talks will be held at different locations in town, so be sure to make a note in your calendar after you sign up. Classes will be held in one of the following locations: Washington Park pavilion, Wells County Public Library, or the Wells County Historical Museum. Space is limited in some classes, and you must call 824-6069 or e-mail events@blufftonindiana.gov to register. Special thanks to Bluffton Regional Medical Center for supporting this program!

Mondays September 26th – October 17th

11am – Movie/Book Club at the Wells County Public Library

12pm – Jewelry Making at the Wells County Public Library

2pm - Empower Me to Be Clutter Free at Washington Park Indoor Pavilion **No class on October 17th.**

Wednesdays September 28th – October 19th

10am – History class at the Wells County Historical Museum

Thursdays September 29th – October 20th

2pm – Variety Class at Washington Park Indoor Pavilion

3pm – Crochet Lesson at Washington Park Indoor Pavilion

Class Descriptions

Movie/Book Club at the Wells County Public Library – Led by **Catherine Campbell**. Join us at the library for a whirlwind of song & dance with Gene Kelly, Debbie Reynolds, and Donald O'Connor frolicking in "Singin' In the Rain" and the glamorous romance of "Funny Face" with Fred Astaire and Audrey Hepburn -- 'S wonderful!

Jewelry Making - **Emily Marshall** with the Wells County Public Library will cover several different techniques for making pendants for necklaces, earrings, and pins, using a variety of materials, including polymer clay, leather, beads, and more. This is a beginner class and no experience at all will be necessary.

Empower Me to Be Clutter Free - Are you bogged down and overwhelmed by the possessions in your life? Do you wish someone would come along and declutter and organize your stuff because you don't have the energy to make all those decisions? Getting rid of clutter is a physical and emotional task. For many people it requires the proper alignment of stars and equipment in order to delve into a bout of organizing and decluttering. You will need the right frame of mind, markers, tape, trash bags, boxes, organizer units, and energy. If you are waiting for all of these things to happen before you begin to declutter your space, then you have found yet another reason to avoid the task. Decluttering is a good thing. Dealing with your own clutter may seem like an overwhelming task but in the end creating order in your living space will bring some order to your emotional struggle over what to do with things.

Molly Hoag will be presenting on **Empower Me to Be Clutter Free**, which will break down these barriers in 3 different sessions. Session 1 provides de-cluttering strategies and discusses the emotional barriers that often prevents us from letting go of our things. Session 2 addresses paper clutter. Session 3 discusses how to store your things so that you can maintain the order you've created in your home or office. **No class on October 17th.**

Wells County History - Enjoy an in-depth look at local history at the Wells County Historical Museum. **Connie Brubaker** will be discussing the history of fires around Wells County.

Variety Class:

Estate Planning – Every day we are bombarded from multiple sources telling us how we should handle planning for the future as we age--friends, social media, printed material, radio ads, and online articles all with different recommendations. While well intentioned, most of that advice is misleading or just plain wrong. Join attorney **Timothy Babcock** for a presentation on how to navigate myth from fact regarding estate planning and Medicaid on September 29th.

Treat Trade – Bring your favorite sweet or salty treat (2 dozen) for others to indulge in along with a copy of the recipe. Treat trade will be held on October 6th, where we will be sharing and sampling your delectable treats and recipes with others in the group. Please register and turn in your recipes by September 22nd, you will be asked to drop your recipes off to the Bluffton Parks Department or email them to events@blufftonindiana.gov.

Medicare 101 - On October 13th **Deb Taylor** will be presenting on "Gearing up for Open Enrollment for Medicare". October 20th we will do an Open Enrollment and "What you need to know" and there will be a couple of counselors to assist you that day with enrollment or looking at the plan finder.

Crochet Lessons - Instructor **Kathy Gehrett** will teach new and advanced students how to crochet. Bring a size H hook, class size is limited to the first 12 who preregister.